



Getting to Know Me !



Dear _____

We are pleased to share our **Getting To Know Me** booklet with you. This booklet includes a lot of information about our child _____ and our family. We hope that this information will help you to get to know our child and some of his/her interests, strengths and skills. If you have any questions, please call me at home _____ or work _____. The best time to reach me is _____. I look forward to working with you this year. Please let us know how we can help make this a great school year.

Sincerely,



Down Syndrome Connection of the Bay Area
Encouraging the unlimited potential in children and young adults with Down syndrome



Here is my family

My name is

My Mom's name is

My Dad's name is

I have _____ brothers. Their names are:

I have _____ sisters. Their names are:

We have a pet. My pet's name is _____

Other family members or friends that I want you to know about



Things I like to do

My favorite activity

My favorite color

When I go outside, I like to

MY favorite hobby or activities

Three things that motivate me are



Health Considerations

Here are some things that you may need to know about my health

Surgeries

Current Medication

Allergies

ATL X-ray Yes _____ No _____ Date _____

I wear glasses _____ I wear a hearing aid _____

Other things you may need to know about my health



My Feelings



Things that make me feel happy

Things that might upset me

I feel sad when

I respond positively when

Things I may be a little afraid of



Places I like to go

Here are some places that I like to go with my family

My favorite place to go in my neighborhood is



Communication

Here are some things you may need to know about the best way for you to communicate with me.



Things I can do for myself

Things I would like to learn to do



Thank you to the Down Syndrome Guild of Greater Kansas City for creating this document and sharing it.